

# Functional Abilities Evaluation (FAE)

Accurate Data • Well-documented reports • Validity & Reliability Checks • Computerized Testing

## THE SPINE & JOINT CENTRE

Full service health, wellness,  
and rehabilitation company.

Keeping people active and vital  
for 20 years!

### Diagnosics

- Functional Abilities Evaluation (FAE)
- Physical Demands Analysis (PDA)
- Work Readiness Trials
- Independent Medical Evaluation
- Hearing Testing / Diagnostics
- Environmental Noise Testing
- Foot and Gait Analysis

### Rehabilitation Programs

- Acute Injury
- At Work Rehabilitation
- Work Readiness (Hardening)
- Orthotics and Foot Care
- Job Site Coaching
- Return to Work Consulting

### Prevention

- Ergonomic Assessments
- Post-offer Pre-placement Screening
- Health Promotion Services
- Work Safety Seminars
- Pre-employment Medicals
- Fitness Testing
- Management Training in Injury Prevention
- Wellness/Spa Services

### Professionals

- Physiotherapy
- Medical Services
- Kinesiology
- Psychology
- Massage Therapy
- Audiology

**EASY REFERRAL  
QUICK TURN-AROUND  
CALL 471-7900**

**201-350 Oxford St. West  
London, ON  
www.spineandjointcentre.com**

### What?

- Objective, detailed and accurate assessment of an employee's ability to perform functional activities or work tasks.
- Use state-of-the-art ARCON computerized technology.
- Tools and protocols based on peer reviewed, published research to ensure objective, valid, reliable, and defensible reporting.
- Symptom amplification checks to ensure maximal effort and valid disability.

### Why?

- Assess functional abilities to determine if a person is ready to return to work.
- Clarify appropriate work restrictions.
- Progress work restrictions / modified duties towards full duties safely.
- Assess the validity of a disability.

### How?

- Biomechanical Testing - by a licensed physical therapist provides a biomechanical diagnosis which is used to plan the nature of testing to be completed throughout the functional evaluation.
- Static Functional Testing - ARCON technology is used to assess lifting, pushing, pulling, sustained activities and force generation. Determines maximum strength for specific postures and tasks. Sufficient static force with good body mechanics allows testing to proceed to dynamic functional tests.
- Dynamic Functional Testing - conducted using functional equipment in the lab. Custom lifting, pushing, pulling, and carrying to match the specific requirements of the job..
- Occupational Testing - testing designed specifically to assess job specific tasks to simulate specific work requirements (eg. seat assembly, word processing, painting, etc).
- Testing takes 2 half days.
- Referral to Report 8 – 10 days.

### When?

- Refer during planning of return to work.
- Refer to measure progress through the rehabilitation process.
- Refer when you are questioning validity of a disability.

**NIOSH (National Institute of Occupational Safety and Health)  
AMA (American Medical Association) Guidelines to Permanent  
Impairment University of Michigan lifting data. And many more.**

**Referral can be made through the Functional Diagnostic Centre  
519-471-7900**