

# Ergonomic Assessments

Work space design • Risk Evaluations • Work Postures • Environment Influence

## THE SPINE & JOINT CENTRE

Full service health, wellness,  
and rehabilitation company.

Keeping people active and vital  
for 20 years!

### Diagnosics

- Functional Abilities Evaluation (FAE)
- Physical Demands Analysis (PDA)
- Work Readiness Trials
- Independent Medical Evaluation
- Hearing Testing / Diagnostics
- Environmental Noise Testing
- Foot and Gait Analysis

### Rehabilitation Programs

- Acute Injury
- At Work Rehabilitation
- Work Readiness (Hardening)
- Orthotics and Foot Care
- Job Site Coaching
- Return to Work Consulting

### Prevention

- Ergonomic Assessments
- Post-offer Pre-placement Screening
- Health Promotion Services
- Work Safety Seminars
- Pre-employment Medicals
- Fitness Testing
- Management Training in Injury Prevention

### Professionals

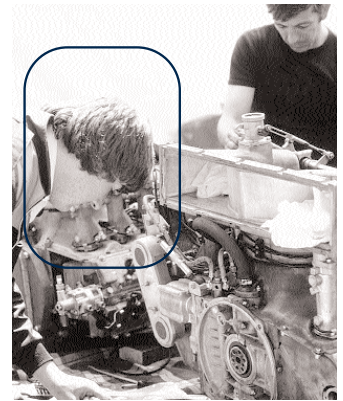
- Physiotherapy
- Medical Services
- Kinesiology
- Psychology
- Massage Therapy
- Audiology

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**201-350 Oxford St. West  
London, ON  
www.spineandjointcentre.com**

### What?

- On-site workplace and job task analysis by a physiotherapist and/or ergonomic kinesiologist in collaboration with the work supervisor, and Health and Safety Committee as applicable.
- Identify physical risk factors of a specific job and determine how to eliminate these risk factors.
- An assessment to determine the risk potential and general efficiency relative to both the human and technical components of a job.
- Learn about equipment alterations, employee posture adjustments, workspace redesign, and updates for work process changes.
- Recommendations are made to ensure optimal safety and maximum (long term) productivity.



### Why?

- Eliminate job site risk and prevent work related health problems.
- Improve work space, job designs and equipment set up.
- Assist injured workers with return to work.
- Improve productivity, performance and employee job satisfaction.

### How?

- Physical and environmental concerns of job addressed.
- Employee fit with work environment determined for specific employees as needed.
- Work station design fit with general human capabilities.
- Report includes:
  - Analysis of the job tasks and general employee fit.
  - Identification of potential areas that could place the worker at risk for injury.
  - Specific work site design recommendations and employee posture recommendations based on ergonomic principles.
- Usually the assessor is at the work place for 2 to 4 hours (depends on complexity of job).
- Referral to Report 9 – 10 days.

### When?

- An ergonomic assessment should be conducted for return to work suitability and success.
- If creating a new job or updating equipment or work station set-up.

Referral can be made through the Functional Diagnostic Centre  
**519-471-7900**